



## Thanksgiving Activities

### From people in the Bridges Together programs...

- Zach in the Gardner’s Garden program shared that his family collects sticks, puts them in a vase and then everyone creates paper leaves – decorating them with items for which each person is grateful.
- Mrs. Ferguson passes around an ear of decorative corn. She asks each person to pick off a few kernels. After everyone has kernels, she asks people to share one thing they are grateful for and to repeat that for each kernel they have.
- Sometimes in my family, we trace each other’s hands and make them in to turkeys. Then, on the paper turkey, we write an item for which we are grateful.
- Jannette, her children and friends go to the grocery store together and fill a shopping bag with food for a family in need.
- Terri and her friends get a holiday wish list for a family in need. Then she, her children and friends buy holiday gifts for the family.

### Some other ideas...

- Invite someone who might be alone on the holidays to join you for dinner, maybe an elderly neighbor or perhaps someone visiting from another country.
- Ask each family that comes to bring a traditional dish from their family.
- Put together a recipe book with family favorites.
- Create a family tree and include three adjectives about each person. It’s interesting to see what adjectives are used to describe a person and how those traits are repeated in loved ones!
- Instead of buying many holiday gifts for family and friends, do a “grab.” Put everyone’s name in a hat and have each person “grab” the name of one person to buy a gift.
- Create a playlist or CD with favorite song(s) from each person gathered.
- Go on a scavenger hunt – outdoors or inside. Make a list of ten items people must find like a black mailbox (write the address), a pinecone, a red leaf...

### En-joy each other’s presence!