



## Recipe for Intergenerational Success: One-Time Event

|                                       | <b>Example</b>   | <b>Your Plan</b> |
|---------------------------------------|--|------------------|
| Theme                                 | Grandparents & Grandfriends Day  |                  |
| Icebreaker with entire group          | Human Bingo. See sample Bingo card here:<br><a href="http://www.bridgestogether.org/wp-content/uploads/2015/06/icebreakers-with-header.pdf">http://www.bridgestogether.org/wp-content/uploads/2015/06/icebreakers-with-header.pdf</a>                                    |                  |
| Mini-lesson or book with entire group | Read a book about a grandparent/friend and child, such as <i>These Hands</i> by Margaret H. Mason  |                  |
| Life review questions in small groups | For younger person: What is something an older adult has taught you? For grandparent: What have you learned from a child? For both: What role do/did grandparents play in your life? What can we learn from history? How is the world today different from 50 years ago? |                  |
| Project or activity in small groups   | Do a craft together, such as tracing each other's hands and then writing adjectives to describe each other within the hands.   |                  |

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next page



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| <p>Summary discussion with entire group</p> | <p>Have people write down one thing they want to remember from this experience. For adults: What is one takeaway you'd like the youth to know about being a grandparent? For younger people: What is one thing you'll keep in mind for when you're a grandparent?</p> |  |
| <p>Sharing food</p>                         | <p>Finger foods and cold drinks.</p>  |  |
| <p>Evaluation</p>                           | <p>What worked and what didn't? What are ways that you can improve future events?</p>   |  |