Intergenerational Awareness Month – September 2016
State-Wide Calendar of Events

BridgesTogether.org/IGAM

Tuesday, September 6, 9:30 AM in NORWELL
Granddads & Donuts, sponsored by the Norwell Council on Aging

Tuesday, September 6, 6:30 – 8:30 PM in WATERTOWN
Intergenerational Chorus “Kick Off,” sponsored by the Greater Boston Intergenerational Chorus

Friday, September 9, 10:00 AM in NORWELL
Music Together, sponsored by the Norwell Council on Aging and South Shore Conservatory

Saturday, September 10, 10:00 AM – 12:00 PM in WESTON
Intergenerational Show and Tell, sponsored by the Spellman Museum of Stamps and Postal History

Saturday, September 10, 11:00 AM in BREWSTER
Grandparents Day Craft, sponsored by the Brewster Ladies’ Library

Saturday, September 10, 11:30 AM to 3:00 PM in JAMAICA PLAIN
Friendship and Flowers, sponsored by Little Brothers – Friends of the Elderly

Saturday, September 10, 2:00 PM in CONCORD
Grandparents Tea, sponsored by the Concord Council on Aging

Tuesday, September 13, 1:30 – 3:00 PM in NEWTON
The “What” and “Why” of IG Programs, a talk by Andrea Fonte Weaver; sponsored by The Village Bank and Newton Senior Center

Friday, September 16, 12:00 PM in SUDSBURY
Intergenerational Stories, sponsored by Sudbury Senior Center and Goodnow Library

Sunday, September 18, 8:30 AM – 2:00 PM in SUDSBURY
Grand Family Faire, sponsored by Bridges Together

Monday, September 19, 7:00 PM in BELLINGHAM
Community Band Concert, sponsored by Bellingham Council on Aging and Bellingham Cultural Council

Tuesday, September 20, 10:00 AM in NORWELL
Nature Explorers, sponsored by the Norwell Council on Aging and South Shore Natural Science Center

Thursday, September 22, 9:30 AM to 11:30 AM in JAMAICA PLAIN
Creating Art at Home: Workshop in Intergenerational Expressive Arts, sponsored by Families Creating Together

Tuesday, September 27, 3:30 – 5:30 PM in NORWELL
Painting Pals, sponsored by the Norwell Council on Aging and Nate Nottingham, art teacher at Norwell High School

Thursday, September 29, 3:00 PM in PROVINCETOWN
Build Your Own Sundae Ice Cream Social, sponsored by the Provincetown Council on Aging and Independence House

Friday, September 30, 6:15 PM in SUDSBURY:
Intergenerational Back-to-School Recital, sponsored by Note-worthy Experiences Music Studio and Sudbury Pines Extended Care
Thank you for participating in Intergenerational Awareness Month!

Did you know...

This year in Massachusetts, the number of residents over age 60 is greater than those under age 20. Around the country, by 2025, adults over the age of 65 will outnumber children under the age of 13...

Currently, 10,000 Americans turns 65 each day and can expect to live another 20 years...

**We need one another** – to learn, to teach, to help, to give purpose and meaning, to enjoy.

Yet so many societal and economic changes have left us isolated from other age groups. Furthermore, our fears – fears of aging, fear of losing our physical and intellectual abilities, or fears of “catching old age” – compound this isolation.

What to do?

**Strong intergenerational programs unite our older adults and youth in meaningful ways.**

Young people strengthen their communication and social skills as they begin to value older adults, contemplate careers in aging services and envision themselves leading a long, active life.

Older adults find purpose, share their life experiences, foster cultural continuity, experience health benefits and can even live longer!

At Bridges Together, we educate, empower and connect generations to transform lives today and tomorrow.

- **We train community leaders** – including teachers, senior center and community center staff and librarians – on the nuts and bolts of creating intergenerational programs and on our award-winning Bridges Program Curricula Suite.

- **We convene individuals doing this work** – such as those planning all the events on the preceding page – uniting our voices to effect change!

Join the Movement!

www.BridgesTogether.org