

# Intergenerational Awareness Month – September 2016

## State-Wide Calendar of Events



[BridgesTogether.org/IGAM](http://BridgesTogether.org/IGAM)

**Tuesday, September 6, 9:30 AM in NORWELL**

Granddads & Donuts, sponsored by the Norwell Council on Aging

**Tuesday, September 6, 6:30 – 8:30 PM in WATERTOWN**

Intergenerational Chorus “Kick Off,” sponsored by the Greater Boston Intergenerational Chorus

**Friday, September 9, 10:00 AM in NORWELL**

Music Together, sponsored by the Norwell Council on Aging and South Shore Conservatory

**Saturday, September 10, 10:00 AM – 12:00 PM in WESTON**

Intergenerational Show and Tell, sponsored by the Spellman Museum of Stamps and Postal History

**Saturday, September 10, 11:00 AM in BREWSTER**

Grandparents Day Craft, sponsored by the Brewster Ladies’ Library

**Saturday, September 10, 11:30 AM to 3:00 PM in JAMAICA PLAIN**

Friendship and Flowers, sponsored by Little Brothers – Friends of the Elderly

**Saturday, September 10, 2:00 PM in CONCORD**

Grandparents Tea, sponsored by the Concord Council on Aging

**Tuesday, September 13, 1:30 – 3:00 PM in NEWTON**

The “What” and “Why” of IG Programs, a talk by Andrea Fonte Weaver; sponsored by The Village Bank and Newton Senior Center

**Friday, September 16, 12:00 PM in SUDBURY**

Intergenerational Stories, sponsored by Sudbury Senior Center and Goodnow Library

**Sunday, September 18, 8:30 AM – 2:00 PM in SUDBURY**

Grand Family Faire, sponsored by Bridges Together

**Monday, September 19, 7:00 PM in BELLINGHAM**

Community Band Concert, sponsored by Bellingham Council on Aging and Bellingham Cultural Council

**Tuesday, September 20, 10:00 AM in NORWELL**

Nature Explorers, sponsored by the Norwell Council on Aging and South Shore Natural Science Center

**Thursday, September 22, 9:30 AM to 11:30 AM in JAMAICA PLAIN**

Creating Art at Home: Workshop in Intergenerational Expressive Arts, sponsored by Families Creating Together

**Tuesday, September 27, 3:30 – 5:30 PM in NORWELL**

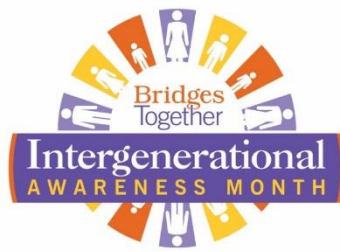
Painting Pals, sponsored by the Norwell Council on Aging and Nate Nottingham, art teacher at Norwell High School

**Thursday, September 29, 3:00 PM in PROVINCETOWN**

Build Your Own Sundae Ice Cream Social, sponsored by the Provincetown Council on Aging and Independence House

**Friday, September 30, 6:15 PM in SUDBURY:**

Intergenerational Back-to-School Recital, sponsored by Note-worthy Experiences Music Studio and Sudbury Pines Extended Care



**Thank you for participating in Intergenerational Awareness Month!**

### **Did you know...**

This year in Massachusetts, the number of residents over age 60 is greater than those under age 20. Around the country, by 2025, adults over the age of 65 will outnumber children under the age of 13...

Currently, 10,000 Americans turns 65 each day and can expect to live another 20 years...

**We need one another** – to learn, to teach, to help, to give purpose and meaning, to enjoy.

Yet so many societal and economic changes have left us **isolated from other age groups**. Furthermore, our fears – fears of aging, fear of losing our physical and intellectual abilities, or fears of “catching old age” – compound this isolation.

### **What to do?**

**Strong intergenerational programs unite our older adults and youth in meaningful ways.**

Young people strengthen their communication and social skills as they begin to value older adults, contemplate careers in aging services and envision themselves leading a long, active life.

Older adults find purpose, share their life experiences, foster cultural continuity, experience health benefits and can even live longer!

**At Bridges Together, we educate, empower and connect generations to transform lives today and tomorrow.**

- ❖ We **train community leaders** – including teachers, senior center and community center staff and librarians – on the nuts and bolts of creating intergenerational programs and on our award-winning Bridges Program Curricula Suite.
- ❖ We **convene individuals doing this work** – such as those planning all the events on the preceding page – uniting our voices to effect change!

**Join the Movement!**

[www.BridgesTogether.org](http://www.BridgesTogether.org)

