



Bridges Together

the art & science of
intergenerational engagement

the art & science behind our trainings & tools

Art

- **Based on 25+ years of experience**
- **Steps to Build an Effective IG Program:** convene a leadership team, plan your program, run the program, evaluate, reconvene the team
- **Recipe for IG Success:** Plan an event with a theme, ice breaker, mini-lesson, life review discussion questions, project, summary and sharing food
- **5 Pillars of Age-Integrated Communities:** leadership with a team; casual and formal engagement opportunities; sharing space and resources; policies, procedures and practices; and fostering an age-integrated culture
- **Using a flexible structure** to support individuals

Science

- Whole person modality
- Multiple intelligences theory
- Socio-emotional development theory
- Ecological systems theory
- Maslow's hierarchy of needs
- Allport's contact hypothesis theory



Training

4 Subject Matters:

- 1 Best IG Practices
- 2 Packaged Programs (Bridges)
- 3 Multigenerational Workplace
- 4 Grandparents & Grandchildren

5 Types of Training:

- 1 Leadership Team (1 day onsite + 6 months remote coaching)
- 2 1 Day
- 3 ½ Day
- 4 Guest Lecture
- 5 Individual Coaching on a Project



Tools

Membership includes:

- ▶ Monthly How-To-Guides (H2G) and access to library of previous H2Gs
- ▶ Supportive Planning Tools (i.e. whom to invite to your leadership team, favorite IG ice breakers)
- ▶ Discount on trainings (onsite and upcoming online platform)
- ▶ Discount on events (Symposium)
- ▶ Networking
- ▶ Consultations



- Bridges Program Curricula Package
- Grand Conversation Cards
- Networking through in-person events and online community
- Thought leadership and consulting
- Online resources

Find out more about our training & membership at
BridgesTogether.org or call 978.793.9650

