Art
- Based on 25+ years of experience
- Steps to Build an Effective IG Program:
  - convene a leadership team, plan your program, run the program, evaluate, reconvene the team
- Recipe for IG Success:
  - Plan an event with a theme, ice breaker, mini-lesson, life review discussion questions, project, summary and sharing food
- 5 Pillars of Age-Integrated Communities:
  - leadership with a team; casual and formal engagement opportunities; sharing space and resources; policies, procedures and practices; and fostering an age-integrated culture
- Using a flexible structure to support individuals

Science
- Whole person modality
- Multiple intelligences theory
- Socio-emotional development theory
- Ecological systems theory
- Maslow’s hierarchy of needs
- Allport’s contact hypothesis theory

4 Subject Matters:
1. Best IG Practices
2. Packaged Programs (Bridges)
3. Multigenerational Workplace
4. Grandparents & Grandchildren

5 Types of Training:
1. Leadership Team (1 day onsite + 6 months remote coaching)
2. 1 Day
3. ½ Day
4. Guest Lecture
5. Individual Coaching on a Project

Membership includes:
- Monthly How-To-Guides (H2G) and access to library of previous H2Gs
- Supportive Planning Tools (i.e. whom to invite to your leadership team, favorite IG ice breakers)
- Discount on trainings (onsite and upcoming online platform)
- Discount on events (Symposium)
- Networking
- Consultations

- Bridges Program Curricula Package
- Grand Conversation Cards
- Networking through in-person events and online community
- Thought leadership and consulting
- Online resources

Find out more about our training & membership at BridgesTogether.org or call 978.793.9650